

Volunteer Rachel Taub



Rachel Taub is a senior who is majoring in Neuroscience at U-M. Rachel learned about PHS while she was working at the Michigan Cardiovascular Outcomes Research and Reporting Program (MCORRP). MCORRP manages the research component of PHS. While PHS was not Rachel's main project while working at MCORRP, she occasionally helped enter data and assisted with health screenings.

Since Rachel had been introduced to the research-side of PHS, she decided it was a perfect fit to become a volunteer Health Ambassador when she was accepted into "Teach for America and was looking for a fun way to get in some teaching experience while working with a cause I felt strongly about." Rachel added, "I also loved seeing the positive impact PHS had on students during my time with MCORRP and wanted to be a part of that process."

Rachel taught ten lessons to sixth grade students at Tappan Middle School in the fall. Her favorite lesson was Assessing Advertising. Rachel shared that, "It was awesome seeing the students consciously recognize the advertisements they most frequently encountered. They came back next week telling me they couldn't drive down the road without noticing at least one billboard or radio commercial!"

After Rachel graduates this spring, she will move to Chicago where she will teach high school environmental biology through Teach for America. Good luck from the PHS Team! Thank you for supporting PHS through research and education!